

Date: \_\_\_\_\_

## Medical Intake Form

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Emergency Contact: (Name & Phone) \_\_\_\_\_

Primary Physician: \_\_\_\_\_

Do we have permission to contact you by phone or leave messages?  Yes  No

Preferred method of contact:  Phone  Text  E-Mail

Do we have permission to show your photos for educational purposes?  Yes  No

### Concerns

What concerns you most about the overall appearance of your skin? (check all that apply)

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Acne                             | <input type="checkbox"/> Acne Scarring        | <input type="checkbox"/> Age Spots                   |
| <input type="checkbox"/> Blackheads                       | <input type="checkbox"/> Body Acne            | <input type="checkbox"/> Broken Blood Vessels        |
| <input type="checkbox"/> Bumps on back of arms            | <input type="checkbox"/> Cellulite            | <input type="checkbox"/> Cysts/Nodules               |
| <input type="checkbox"/> Dehydrated Skin                  | <input type="checkbox"/> Dull Complexion      | <input type="checkbox"/> Excessive Facial Hair       |
| <input type="checkbox"/> Facial Veins                     | <input type="checkbox"/> Fine Lines/Wrinkles  | <input type="checkbox"/> Frequent Breakouts          |
| <input type="checkbox"/> Large Pores                      | <input type="checkbox"/> Loss of Lashes/Brows | <input type="checkbox"/> Melasma/Brown Spots/Patches |
| <input type="checkbox"/> Oily Skin                        | <input type="checkbox"/> Redness              | <input type="checkbox"/> Rough/Uneven Skin Texture   |
| <input type="checkbox"/> Rosacea                          | <input type="checkbox"/> Sagging Skin         | <input type="checkbox"/> Sun Damage                  |
| <input type="checkbox"/> Under Eye Puffiness/Dark Circles | <input type="checkbox"/> Other: _____         |  |

How would you describe your skin?  Oily  Dry  Combination  Sensitive

How would you describe your stress level?  Little  Moderate  High  Severe

Do you feel your stress level may be affecting the health of your skin?  Yes  No

Are you in good health overall?  Yes  No Concerns: \_\_\_\_\_

History

Are you currently under the care of a physician? \_\_\_Yes \_\_\_No Explain: \_\_\_\_\_

Do you have any allergies to foods or medications? \_\_\_Yes \_\_\_No Explain: \_\_\_\_\_

Are you currently on any medications either topical or oral? \_\_\_Yes \_\_\_No If yes, please list:

Ethnic Background (Parents, Grandparents and Great Grandparents): \_\_\_\_\_

How do you heal after an acne breakout, cut or scratch? \_\_\_ No scar \_\_\_ Red \_\_\_ Brown (PIH)

Do you smoke? \_\_\_Yes \_\_\_No

Are you prone to cold sores? \_\_\_Yes \_\_\_No If yes, date of last cold sore? \_\_\_\_\_

Do you have an allergy to Latex? \_\_\_Yes \_\_\_No

Do you tan in the sun or in tanning beds/booths? \_\_\_Yes \_\_\_No

Please check the skincare products you are currently using:

\_\_\_Cleanser \_\_\_Toner \_\_\_Serum \_\_\_Scrub \_\_\_Mask \_\_\_Eye Cream \_\_\_Moisturizer

\_\_\_Sunscreen \_\_\_Self Tanner \_\_\_Concealer \_\_\_Makeup \_\_\_Other \_\_\_\_\_

Anything else we should know: \_\_\_\_\_

The answers I have provided are true and correct to the best of my knowledge.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Provider Signature

\_\_\_\_\_  
Date

## **Informed Consent**

*Make sure your client signs the consent form prior to receiving treatment.*

*A sample consent form follows that you may customize with your company header and contact information. You may want to have your attorney review the form prior to use.*

## Informed Consent

I, \_\_\_\_\_ give my consent for the following procedure:  
dermaplaning to be performed by \_\_\_\_\_.

Dermaplaning is a physical/mechanical form of exfoliation using a specialized dermaplaning blade for the removal of built up dead skin cells and vellous hair. Following treatment skin will be smoother, softer and better able to absorb the active ingredients in treatment and home care products.

I understand this treatment involves the use of the sterile, surgical blade to remove dead skin cells and vellous hair. As with the use of any sharp instrument, there is the possibility of nicks or cuts.

I understand there are contraindications to this treatment, including but not limited to, diabetes (not controlled by diet or medication), cancer, active acne, bleeding disorders, the inability for blood to coagulate or the development of keloids following injury. Certain medications including blood thinners, higher dosages of Aspirin, and Accutane are contraindicated for this treatment due to the possibility of delayed clotting from a nick or cut.

I certify that I am not taking any of the above medications or experiencing any of the above conditions.

While every precaution will be taken to avoid nicks, cuts and scratches, I understand the risks and consent to treatment today.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

**Client Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Treatment Record**

Concerns: \_\_\_\_\_

Desired Outcome of Treatment: \_\_\_\_\_

Medical History Reviewed? Yes No Informed Consent Signed? Yes No Photos? Yes No

Skin Analysis: \_\_\_\_\_

Service(s) Provided: \_\_\_\_\_

Areas Treated: Face Neck Décolleté Body: \_\_\_\_\_

Cleanser: \_\_\_\_\_ Skin Prep/Toner: \_\_\_\_\_

Exfoliation: Scrub Dermaplaning Microdermabrasion Enzyme Peel Other: \_\_\_\_\_

Details: \_\_\_\_\_

Peel: \_\_\_\_\_ # of Layers: \_\_\_\_\_ Time: \_\_\_\_\_ Heat Level (1-10): \_\_\_\_\_

Extractions: Yes No Details: \_\_\_\_\_

Mask: Yes No Details: \_\_\_\_\_

Other Modalities: Steam Clarisonic SkinScrubber MicroCurrent LED MicroNeedling

HighFrequency Galvanic UltraSound UltraSonic Oxygen Other: \_\_\_\_\_

Settings/Details: \_\_\_\_\_

Serum(s): \_\_\_\_\_ EyeCream: \_\_\_\_\_

Moisturizer: \_\_\_\_\_ SPF: \_\_\_\_\_

Notes: \_\_\_\_\_

Products Recommended: \_\_\_\_\_

Products Purchased: \_\_\_\_\_

Next Treatment: \_\_\_\_\_ Date: \_\_\_\_\_

Follow Up Date: \_\_\_\_\_ Result: \_\_\_\_\_

Provider: \_\_\_\_\_